



## Clarifying Controls

Revision E

03/08/2020

<p><u>Symptoms</u></p>	<p>Rollesby Broad Sailing Club recognizes the importance of minimizing the risk of coronavirus to members and people sailing at Rollesby. The following risk assessment has been carried out to reduce the risks to sailors using the club.</p> <p>The most common symptoms of coronavirus (COVID-19) are recent onset of a new continuous cough and/or high temperature, or loss or changed sense of normal smell or taste (anosmia). If you have these symptoms, however mild, <b><u>do not go to the club</u></b> but follow Government guidance which states you <b>go online to NHS 111 get tested and stay at home until you have your test results, anyone you live with or in your support bubble must also stay at home until you get your test results. Follow professional guidance given.</b> If anyone becomes unwell with a new, continuous cough or a high temperature or loss of taste or smell while at the club, they should go home and follow the same guidance. The Club Safety Officer should be informed of this illness.</p>	<p>03/08/2020</p>	
Area	Controls Implemented	Extra Controls	Date
General	<p>The club room, changing rooms, race box, and metal safety boat store will be closed.  <b>The metal safety boat store and race box will be open on race days.</b></p>		03/08/2020
Reducing the risk of the virus	<p><b><u>Social distancing will be 2m were possible, otherwise 1m+, with special exceptions for double handed dinghy's</u></b></p>		03/08/2020
Guests	<p>Members are not allowed to bring or meet guests at the club however guests from within the members own household will be allowed</p>		14/05/2020
Mooring and access on jetties	<p>maintain 2m social distancing <b>whenever possible, otherwise 1m+ (pass each other quickly back to back)</b> members to be aware of others and be patient</p>		03/08/2020
Slipway	<p>maintain 2m social distancing <b>whenever possible, otherwise 1m+ (pass each other quickly back to back)</b> members to be aware of others and be patient . Boats must be launched and recovered by their crew only, trailers to be handled by the dinghy crew</p>		03/08/2020

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Area	Controls Implemented	Extra Controls	Date
Activities			14/05/2020
<i>Casual Sailing</i>	Sailors are entirely responsible for their own safety, there will be no organised safety boat cover. Members are advised not to sail alone. This is as any sailing at RBSC when not an organised event.		
<i>Pursuit Racing</i>	Entry for the race will be made verbally to the Officer of the Day (social distancing to be observed) OOD to put out marks using the green boat <b>or orange boat</b> and man the race control box single handed. The OOD is to also assess weather conditions and if capsize is likely racing will be cancelled, however even if racing is allowed to go ahead individual members remain responsible for undertaking their own assessment and should not sail in conditions above their level of competence.		<b>03/08/2020</b>
<i>Club Racing</i>	Entry for the race will be made verbally to the Officer of the Day (social distancing to be observed). <b>The main orange safety boat will be used to place the marks.</b> The OOD is to also assess weather conditions and if capsize is likely racing will be cancelled, however even if racing is allowed to go ahead individual members remain responsible for undertaking their own assessment and should not sail in conditions above their level of competence. <b>The OOD is to generally run the races from the box single handedly or with assistance from one other person located on the balcony outside the race box social distancing is to be maintained if the second person has to enter the box for any reason.</b>		<b>03/08/2020</b>

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Area	Controls Implemented	Extra Controls	Date
Safety on the water	All members must determine if the conditions are such that they are most unlikely to capsize or require assistance. If in doubt don't sail. The small single handed safety boat is available for emergencies (boat is in the wooden shed and key is in key box next to the shed door). <b>Nominal safety boat cover will be provided on Sundays but the aim is to avoid using this service.</b>		14/05/2020
Two Man Boats	If sailed from members from the same household or social bubble. No special requirements		03/08/2020
Two man boats sailed by persons not from the same household or 'Bubble'	<b>This is now allowable according to RYA guidelines. It is down to each non-bubble crew to decide if they want to sail or not and that safety is firstly the responsibility of the individual member. If the Helm and crew are not from the same household or 'bubble' the following applies.</b> <ol style="list-style-type: none"> <li>1. Crew and helm should both 'symptom check' before attending the club and inform each other of any relevant risks/recent interactions. A variety of crews should be avoided and unless the boat is thoroughly sanitised 72 hrs should elapse before changing crews.</li> <li>2. They must not travel together to or from the club</li> <li>3. Rigging, launching and recovery of boat should be conducted where possible by one person. Where help needed e.g. in pulling boat up slipway social distancing required.</li> <li>4. Helm and crew must agree their areas of responsibility whilst sailing. E.g. responsibility for particular sheets and control lines and use their best endeavours to maintain separate though inevitably close spaces on board.</li> </ol>		03/08/2020

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Area	Controls Implemented	Extra Controls	Date
Two man boats sailed by persons not from the same household or 'Bubble' continued	<p>4. Helm and crew must agree their areas of responsibility whilst sailing. E.g. responsibility for particular sheets and control lines and use their best endeavours to maintain separate though inevitably close spaces on board.</p> <p>5. Both helm and crew must be aware of the medium risk posed by 'fleeting face to face interaction' which could be mitigated by a face mask or scarf.</p>		03/08/2020
Use of Safety Boat	<p>Driver to sit at the rear and assistant at the front to maintain social distance, the same person shall drive the boat for the whole day whilst the assistant will place and recover the marks. If possible avoid taking additional people into the safety boat but if it is necessary to recover someone from the water both safety boat operatives are to wear masks/ face coverings. Launching and recovery, social distancing to be maintained. The radio must be used by one person only. Generally the safety boat will be at the jetty with the crew ready to go. If conditions are such that the safety boat should be on the water at all times the OOD should cancel the racing.</p>		03/08/2020
Commonly touched surfaces	<p>e.g. Gate lock, toilet doors and lock and door handles to the wooden boat shed. Members to bring their own hand sanitising gel and use it regularly when touching surfaces. Single use gloves will also be acceptable. The race box all surfaces door handles in the race box to be cleaned after use on Sundays and Wednesdays and NO ACCESS will be allowed at other times to allow 72hrs between uses.</p>		03/08/2020
Hoses and eternal taps	<p>Members must ensure that they sanitise their hands after use</p>		14/05/2020
Club boats	<p>club boats are available for day hire, and not to be used by any other members during that day. All surfaces (including the tiller, sheets etc.) should be cleaned after use.</p>		03/08/2020

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Area	Controls Implemented	Extra Controls	Date
First Aid	<i>The first aid box and the Defibrillator are located on the sign in shelf in the rear lobby of the clubhouse. It is essential that hands are sanitised before the first aid box is touched. The safety officer is to be informed if the box is accessed without hands being sanitised. Where possible members should use their own first aid kits.</i>		09/06/2020
Catering	None clubhouse closed		14/05/2020
Responding to a potential Corvid 19 exposure at your club	Member to inform safety Officer or Commodore. Club members will be emailed and advised of the dates that the members attended the club. It will be left to members to determine if they had any contact and isolate themselves as required by the current government guidance.		14/05/2020
Boat maintenance / cleaning	Minor maintenance will be allowed. <b>Social distancing must be maintained; 2m whenever possible, otherwise 1m+ ( i.e.. Face masks or other mitigation)</b>		03/08/2020
Changing	Members to arrive in their sailing equipment or change in their vehicles		14/05/2020
Action to be taken if social distancing is not observed	Individual members may be barred from the club if they ignore social distancing rules. The club will be closed if there is widespread behaviour which is not compatible with government guidelines.		14/05/2020
Locks , door handles, gates etc.	Members to use hand sanitiser/ anti bac. Wipes after touching any such item. Single use gloves are also acceptable		16/05/2020

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Area	Controls Implemented	Extra Controls	Date
Toilets	Members are to avoid the use of toilets as far as possible, however if necessary access to the toilets must be on a one at a time basis. Members must ensure good standards of hygiene are adhered to and ensure that all surfaces , taps and door handles are sanitised, if sanitiser is not available use the bleach and cloths provided. Hands should be sanitised on exiting the building.		16/05/2020
		An interval of at least 2 minutes must observed between individuals leaving/entering the toilets	11/06/2020

