



## Clarifying Controls

Revision B

19/05/2020

Symptoms	<p>Rollesby Broad Sailing Club recognizes the importance of minimizing the risk of coronavirus to members and people sailing at Rollesby. The following risk assessment has been carried out to reduce the risks to sailors using the club.</p> <p>The most common symptoms of coronavirus (COVID-19) are recent onset of a new continuous cough and/or high temperature, or loss or changed sense of normal smell or taste (anosmia). If you have these symptoms, however mild, <b><u>do not go to the club</u></b> but follow Government guidance which states you should stay at home and not leave your house for 7 days from when your symptoms started (if you live alone), or 14 days (if you live with someone who has symptoms). If anyone becomes unwell with a new, continuous cough or a high temperature or loss of taste or smell while at the club, they should go home and follow the stay at home guidance. The Club Safety Officer should be informed of this illness. If you share a home with someone who has the symptoms of coronavirus, <b><u>stay at home and do not come to the club</u></b> for 14 days.</p>	19/05/2020
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Area	Controls Implemented	Extra Controls	Date
General	The club room, changing rooms, race box, and metal safety boat store will be closed		16/05/2020
Reducing the risk of the virus	<u>2m social distancing to be maintained at all times in all areas</u>		14/05/2020
Guests	Members are not allowed to bring or meet guests at the club however guests from within the members own household will be allowed		14/05/2020
Mooring and access on jetties	maintain 2m social distancing members to be aware of others and be patient		14/05/2020
Slipway	maintain 2m social distancing members to be aware of others and be patient. Boats must be launched and recovered by their crew only, trailers to be handled by the dinghy crew only		14/05/2020

# Rollesby Broad Sailing Club

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Assessment

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Area	Controls Implemented	Extra Controls	Date
Activities	<p><b>Casual Sailing only.</b> Sailors are entirely responsible for their own safety, there will be no organised safety boat cover. Members are advised not to sail alone. This is as any sailing at RBSC when not an organised event.</p>		14/05/2020
Safety on the water	<p>All members must determine if the conditions are such that they are most unlikely to capsize or require assistance. If in doubt don't sail. The small single handed safety boat is available for emergencies. Access arrangements detailed in email to members</p>		14/05/2020
Two man boats	<p>Helm and crew must be from the same household</p>		14/05/2020
Commonly touched surfaces	<p>e.g. Gate lock, toilet doors and lock and door handles to the wooden boat shed. Members to bring their own hand sanitising gel and use it regularly when touching surfaces. Single use gloves will also be acceptable.</p>		16/05/2020
Hoses and eternal taps	<p>Members must ensure that they sanitise their hands after use</p>		14/05/2020
Club boats	<p>club boats will not be available for occasional use. However if a member wishes to hire a boat for his sole use for a period of time please contact a committee member</p>		14/05/2020

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Area	Controls Implemented	Extra Controls	Date
First Aid	The first aid box and the Defibrillator will be placed in the wooden boat shed (Access arrangements detailed in email to members) It is essential that hands are sanitised before the first aid box is touched. The safety officer is to be informed if the box is accessed without hands being sanitised. Where possible members should use their own first aid kits.		14/05/2020
Catering	None clubhouse closed		14/05/2020
Responding to a potential Corvid 19 exposure at your club	Member to inform safety Officer or Commodore. Club members will be emailed and advised of the dates that the members attended the club. It will be left to members to determine if they had any contact and isolate themselves as required by the current government guidance.		14/05/2020
Boat maintenance / cleaning	Minor maintenance will be allowed as long. 2m social distancing must be maintained		16/05/2020
Changing	Members to arrive in their sailing equipment or change in their vehicles		14/05/2020

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Covid 19 Risk Page 4

## Assessment

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Area	Controls Implemented	Extra Controls	Date
Action to be taken if social distancing is not observed	Individual members may be barred from the club if they ignore social distancing rules. The club will be closed if there is widespread behaviour which is not compatible with government guidelines.		14/05/2020
Locks , door handles, gates etc.	Members to use hand sanitiser/ anti bac. Wipes after touching any such item. Single use gloves are also acceptable		16/05/2020
Toilets	Members are to avoid the use of toilets as far as possible, however if necessary access to the toilets must be on a one at a time basis. Members must ensure good standards of hygiene are adhered to and ensure that all surfaces , taps and door handles are sanitised, if sanitiser is not available use the bleach and cloths provided. Hands should be sanitised on exiting the building.		16/05/2020