



Give Emergency Aid:  
**First Aid Kit & Defibrillator in  
the Clubhouse**

Club  
Racing Days

Non-Club  
Racing Days

Assess how  
Serious the  
Incident.  
**Call NHS  
for Advice:  
111**

If building affected  
Evacuate Building  
then Assess situation

Extinguish if  
Possible.  
Location of Fire  
Fighting Equipment  
**Clubhouse:  
- Fire Blanket  
- Fire Extinguisher**

Call  
**Fire  
Department:  
999**

Attempt to  
Make  
Secure the  
Situation

Assess how  
Serious

Assistance  
Given by  
Safety Boat

Sailor and  
Boat Require  
Assistance

Call Police  
**Non Emergency:  
101  
Emergency:  
999**

Sailor Safe  
Unable to Recover  
Boat  
**Inform Police:  
Non-Emergency:  
101**

Assist using  
whichever  
Safety Boat  
is easily at  
hand

Drive Patient to  
Emergency Room:  
**James Paget Hospital**

Call  
**Ambulance:  
999**



1. **COMMODORE**  
Clive Wells  
07976 443683
2. **REAR COMMODORE**  
Mike Horwitz  
07941 430697
3. **FIRST AID LEAD**  
Rachel Smith  
07771 993007

**INFORM SAFETY  
OFFICER OF ALL  
INCIDENTS:**  
Ken Johnston  
07561 219245

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